

Information Sheet and Consent Form for COVID-19 Patient/Contact Monitoring (Quarantine) at Home

(This form consists of two (2) pages.)

You are evaluated as COVID-19 patient (confirmed case/suspect case)/contact. Since your current clinical situation does not require hospitalization, it is decided by the health team for you to be monitored at home. In order to be able to follow your clinical condition at home, to see signs of illness or if there is a change in existing symptoms or a deterioration in your general health condition, you need to be monitored at home and under isolation/quarantine for 14 days in order to prevent the community spread.

Within this scope, what you need to do is listed below:

1. You must stay for 14 days at home.
2. During the 14 days that you are at home, your health status will be followed up by your family doctor/field teams by phone. If there are any negative changes in the symptoms of the disease or if your general health condition is deteriorating, call 112 and provide information about your condition and seek medical help.
3. Do not accept visitors at home. However, if you have to be in the same environment with other people, it is absolutely necessary to use a medical (surgical) mask.
4. If possible, stay in a different room; if not possible, stay in a well-ventilated room to avoid the risk of contamination. Stay at least 1 meter away from other people and wear a medical (surgical) mask; when the mask is moistened, replace it with a new one.
5. If you need to be cared for, the caregiver should wear a medical mask.
6. Family members living at home with you should follow their own health status and contact the health institution in case of any symptom occurs.
7. Wash your hands frequently with soap and water.
8. When coughing or sneezing, close your mouth with a napkin (preferably a tissue). Put the used napkins in a closed and non-perforated plastic bag, tie up and throw them in a second plastic bag and wash your hands.
9. Do not share your personal belongings with others, do not use household items such as cups, plates and towels with family members; if you need to, wash them with soap/detergent and water. Wash the clothes you use with normal detergent at least at 60°C.
10. If available, use a separate toilet and bathroom. Limit your movement within the home; you should ventilate common areas such as toilets and bathrooms. Ensure that common areas are cleaned frequently.

Gloves and a medical mask should be used during the cleaning of your room. All surfaces that may be contaminated with respiratory secretions or body extracts should be cleaned with diluted bleach (1:100 normal dilution). If heavy contamination such as spillage and scattering occurs, the contaminated area should be cleaned with bleach at 1:10 normal dilution.

Bleach solution preparation rates from 10% bleach (Sodium hypochlorite Cas No: 7681-52-9):

1/10 bleach preparation: 1 batch of bleach + 9 batches of water (releases 5000-6000 ppm chlorine)

To get 1/100 bleach, practically 1 small tea glass of bleach is put in 10 liters of water.

I undertake to comply with the above-mentioned instructions regarding monitoring in the quarantine area.

I have been informed that in case I act against the instructions;

As per the provision in the 282nd article of the General Sanitary Law No. 1593, "*Those who act against the prohibitions written in this law or who do not comply with the obligations shall be punished with administrative fines from two hundred and fifty Turkish Liras up to one thousand Turkish Lira, if they do not constitute a crime.*", I will be imposed penalty of an administrative fine of current ***3,150 TL (THREE THOUSAND ONE HUNDRED AND FIFTY TURKISH LIRAS)** in 2020,

*Due to the fact that the person is confirmed, suspect or contact and directly not only threatens one's own health, but also the health of other people, the administrative sanction has been determined as the upper limit by moving away from the lower limit.

1) If I insist on not following the instructions despite the warning of the authorities, the administrative fine in the 282nd article of the General Sanitary Law No. 1593 will be re-applied and my monitoring/isolation/quarantine will be terminated at home and I will be re-placed in isolation/quarantine at a place to be determined by the authorities (hospital, tent, etc.).

2) If I act against the isolation/quarantine application in the place to be determined by the authorities (hospital, tent, etc.); under the provisions in the 195th article of the Turkish Criminal Code No. 5237 entitled "Behaving contrary to measures related to infectious diseases", "*The person who does not comply with the measures taken by the competent authorities to quarantine the area where anyone who has infected or died from one of the infectious diseases, is sentenced to prison from two months to a year.*", there will be a criminal complaint made against me with the Office of Chief Public Prosecutor.

AFTER THE INFORMATION, I ACCEPT THE APPLICATION OF MONITORING/ISOLATION/QUARANTINE AT HOME.

I UNDERTAKE TO FOLLOW THE INSTRUCTIONS FOR MONITORING/ISOLATION/QUARANTINE AT HOME.

OTHERWISE, MY MONITORING/ISOLATION/QUARANTINE AT HOME WILL BE TERMINATED AND I WILL CONTINUE THE APPLICATION OF ISOLATION/QUARANTINE IN A PLACE TO BE DETERMINED BY THE AUTHORITIES (Hospital, tent etc.) AND I CLEARLY DECLARE AND ACCEPT THE OTHER SANCTIONS.

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Persons will write "I READ, I UNDERSTAND, I CONFIRM" with their own handwriting and sign in the field above. (This Consent Form is prepared in two copies, one copy will be left to the authorities and the other one will be given to the relevant person.)

<u>Notifier</u>	<u>Notified</u>
Name, Last Name:	Name, Last Name:
Register No:	T.R. Identity No/Passport No:
Signature:	Phone Number:
	Date of Birth:
	Address:
	District: City:
	Signature: